

Super Channel  
**heart  
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CALENDAR

**20  
26**

# JULY HIGHLIGHTS

## Five More Minutes

Friday, July 3 at 8pm ET

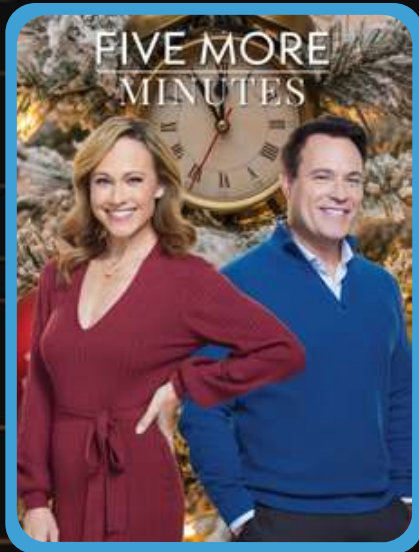
## Christmas in July

All Month Long!

FIVE MORE MINUTES

**SUPER  
CHANNEL**

# JULY 2026 HIGHLIGHTS



## Five More Minutes

**Friday, July 3 at 8pm ET**

Inspired by Scotty McCreery's song 'Five More Minutes,' a woman's Christmas wish is answered in unexpected ways when her late grandfather's journal turns up and reveals an untold romance.

**Cast:**

Nikki Deloach, David Haydn-Jones



## Christmas in July

**Summer chills and holiday thrills** – that means it's time for  
**Heart & Home's Christmas in July!**

Get ready for a festive lineup of holiday Movies and  
Episodes from your favourite Series at **8pm ET every night** all  
throughout the month!